

The British spring months are March, April and May



Farmers cultivate their fields ready to plant seeds





Fruits and vegetables best enjoyed in the UK spring are:

- **Asparagus**
- Radish
- Rocket
- Spinach





SUMMER



The British summer months are June, July and August



Combine harvesters begin crop harvesting



Fruits and vegetables best enjoyed in the UK summer are:

- Apricots
- & Cherries
- **Cucumbers**
- **Gooseberries**
- Lettuce
- Peas
- Raspberries
- Strawberries
- Sweetcorn
- Tomatoes





The British autumn months are September, October and November



Farmers often trim hedges during this time, as no young birds are nesting in them



Fruits and vegetables best enjoyed in the UK autumn are:

- **Blackberries**
- 🐧 Butternut Squash
- **Celeriac**
- **Garlic**
- Leeks
- Marrows
- Pears
- **6** Pumpkins
- Red Cabbage
- Swede





The British winter months are December, January and February



Machinery maintenance happens in the winter





Fruits and vegetables best enjoyed in the UK winter are:

- **Brussels Sprouts**
- Parsnips
- A Rhubarb
- **Turnips**

