

strengthening
families
strengthening
communities

Free parenting programme

for all Lambeth parents and carers

The programme will help to:

- **Manage your child's behaviour**
- **Implement positive discipline strategies**
- **Build positive family relationships**
- **Manage anger and stress**
- **Gain confidence and communication skills**
- **Understand your child's development**
- **Recognise and value family and cultural traditions**
- **Meet other parents and share ideas**
- **Connect with the community around you**



Information/Coffee morning is on
Tuesday 12th December 2023 at
9.30am &
Thursday 11th January 2024 at
9.30am

Stockwell Primary School and
Children's Centre, Stockwell Rd,
London SW9 9TG

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Come and say hello ☺