






WEEK 1


WEEK COMMENCING: 18TH APRIL, 9TH MAY, 20TH JUNE, 11TH JULY, 12TH SEPTEMBER, 3RD OCTOBER


MONDAY

Vegetable & Chickpea Jambalaya 


Jerk Chicken with  Rice & Peas


Jacket Potato & Cheese 
Baked Beans  or Tuna 




Sweetcorn & Green Beans 


Peaches & Fruit Melba Sauce with Ice Cream 


TUESDAY

Quorn Chilli Con Carne with Rice 


Chilli Beef Macaroni  topped with Nachos Crumb


Jacket Potato & Cheese 
Baked Beans  or Tuna 




Roasted Mediterranean Vegetables 


Fruity Flapjack 


WEDNESDAY

Roasted Vegetable & Lentil Loaf with Gravy & Roast potatoes 


Garlic & Lemon Chicken Thigh  with Gravy & Roast Potatoes


Jacket Potato & Cheese 
Baked Beans  or Tuna 




Medley of Vegetables 


Carrot Cake with Frosting 


THURSDAY

Chickpea & Butternut Rogan Josh served with Rice 


Margherita Pizza  with Potato Wedges


Jacket Potato & Cheese 
Baked Beans  or Tuna 



Sweetcorn & Broccoli 


Yoghurt Bar with Fresh Fruit Salad or Cheese & Biscuits 


FRIDAY

Cheese & Onion Quiche with Chips 

Fish Fingers with Chips 

Jacket Potato & Baked Beans,  Vegetable & Lentil Bolognese or Cheese 

Peas & Baked Beans 

Stawberry Jelly & Icecream 

KEY




Vegetarian


Plant Based
Vegan FriendlyHalal Option
AvailableSustainably
Caught FishDID
YOU
KNOW?All our Milk
& Bread is
OrganicAll our Meat
is UK Farm
Assured




WEEK 2


WEEK COMMENCING: 25TH APRIL, 16TH MAY, 6TH , 27TH JUNE, 18TH JULY, 29TH AUGUST, 19TH SEPTEMBER, 10TH OCTOBER


MONDAY

Thai Quorn Green Vegetable Curry  with Rice


Thai Chicken Curry with Rice 


Jacket potato with Baked beans,  Tuna  or Cheese 




Peas & Curried Roasted Cauliflower 


Frozen Strawberry yoghurt 


TUESDAY

Roasted Vegetable Lasagne 


Organic Beef Lasagne 


Jacket potato with Baked beans,  Tuna  or Cheese 




Sweetcorn & Broccoli 


Chockolate cracknell 


WEDNESDAY

Macaroni Cheese 


Roast Turkey with Gravy  and roast potatoes


Jacket potato with Baked beans,  Salmon  or Cheese 




Carrots & Green Beans 


Lemon Drizzle Cake 


THURSDAY

Sweetcorn & Chickpea Burger  with Potato Wedges


Margherita Pizza with  Potato Wedges


Jacket Potato & Cheese 
Baked Beans  or Tuna 



Roasted Mediterranean Vegetables & Sweetcorn 


Natural Yoghurt with Fresh Fruit Salad or Cheese & Biscuits 


FRIDAY

Cheese & Leek Pasty 

Battered Pollock & chips 

Jacket Potato & Baked Beans,  Vegetable & Lentil Bolognese or Cheese 


Peas & Baked Beans 


Orange Jelly & Mandarins 



WEEK 3


WEEK COMMENCING: 2ND, 23RD MAY, 13TH JUNE, 4TH JULY, 5TH, 26TH SEPTEMBER, 17TH OCTOBER


MONDAY

Quorn Penne Bolognese 


Organic Beef Bolognese  With Penne Pasta


Jacket potato with Baked Beans, Tuna or  Cheese 




Carrots & Vegetable medley 


Frozen Toffee Yoghurt 


TUESDAY

Quorn Sausage with  Mashed Potato & Gravy


Chicken Sausage with  Mashed Potato & Gravy


Jacket potato with Baked Beans,  Tuna  or Cheese 




Green beans & Roasted Cauliflower 


Chocolate Shortbread 


WEDNESDAY

Cheese & Tomato Pasta Bake 


Garlic & lemon Chicken Thigh  with Gravy & Roast Potatoes


Jacket potato with Baked Beans,  Tuna  or Cheese 




Medley of Vegetables 


Oaty Apple Crumble with Custard 


THURSDAY

Mexican Rice Wrap 


Margherita Pizza with  Potato Wedges


Jacket potato with Baked Beans,  Tuna  or Cheese 



Green Cabbage & Sweetcorn 


Yoghurt Bar  or Cheese & Biscuits


FRIDAY

Spinach & Lentil Dahl  with rice

Breaded Pollock with chips 

Jacket Potato & Baked Beans , Vegetable & Lentil Bolognese or Cheese 

Peas & Baked Beans 

Stawberry Jelly & Icecream 

COMING
SOON



Look out for our new app,
designed to make ordering
and paying for meals
even easier!

Click here for meal ordering
and payment information

BETTER FOR YOU, BETTER FOR THE PLANET

Welcome to our healthiest menu yet!

We've been working hard to improve our recipes so that they're still delicious but also better for you and the planet! One way we've done this is by adding more plant based proteins such as red lentils and cannellini beans and that's meant...



WE'VE REDUCED
SATURATED FAT
BY 8%
PER PORTION



WE'VE ADDED
LENTILS & BEANS
WHICH CONTRIBUTE
TOWARDS PUPILS'
5-A-DAY



WE'VE INCREASED
FIBRE BY ABOUT
60%
PER PORTION

Our nutritionists talk
about the benefits of
the new recipes!



We've reduced our CO₂
emissions by an average of
420g per meal
with these new recipes!

That's the equivalent of
driving a medium sized
petrol car for almost a mile.

WHY NOT TRY ONE OF OUR RECIPES AT HOME?

Spaghetti Bolognese is a family favourite, our take on this classic will prove just as popular but is better for you & the planet!



CONTACT US:



Payments and Meal Ordering



Nutrition Guidance

FOLLOW US:



@ISS_Education



CLICK HERE
TO VISIT OUR
WEBSITE

MADE FROM GREAT INGREDIENTS,
BY AWESOME PEOPLE!



The menus are accredited by the Soil Association - meaning all our meals are balanced and made from ingredients which are sustainably sourced and better for animal welfare.



OVER 80% OF OUR DISHES ARE
FRESHLY PREPARED EACH DAY

ALL OF THE EGGS WE USE ARE
FREE RANGE & RSPCA ASSURED



Our ingredients are sourced from local and UK suppliers wherever possible - a fact we love to show off through our partnership with Love British Food.

Terrific VALUE

...AND ABSOLUTELY FREE
FOR MANY, INCLUDING
EVERY CHILD IN KS1!



CHOOSING FREE SCHOOL MEALS

If your child is in key stage 1 or your family is entitled to certain benefits - it could save you around £400 every year.



FOR KS2 CHILDREN, OUR MEALS OFFER GREAT VALUE

Few places offer homemade two course meals made from great ingredients at such a good price.



Sophie Crosswaite, Nutritionist, shares her thoughts on the value of school lunches



CLICK HERE TO FIND OUT
HOW MUCH YOU CAN SAVE