

# JESSOP PRIMARY

Achieving excellence together with our community



Building the foundations for  
future leaders

## Wellbeing Week Family Fitness with Coach Darral

Tuesday 21<sup>st</sup>  
September 2021



Tuesday 21<sup>st</sup> September  
08:30 – 09:00

Where: School Pitch (enter  
through Milkwood Park Gates

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### CONTACT US

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Lowden Road  
Herne Hill  
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We would like to invite you to come  
and take part in our Family Fitness  
Session

As part of our Wellbeing week we  
would like you and your family to join  
in the fun with exercises to get your  
mind and body ready for the rest of  
day!



& Children's Centre